KWAWACHEE BEHAVIORAL HEALTH & WELLNESS
GROUP SCHEDULE WEEK 11/23/26 – 11/27/26

We value everyone's time-please be on time for group sessions. Late arrivals require prior approval from a counselor.

Topic or Process	**VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS**.	Staff
	Monday 11/23/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos and Jasmine
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) Women's Recovery Group	Tanya
3:00PM-5:30PM	IN PERSON GROUP (2.5 Hours) YOUTH IOP (14-17 years)	Rodney
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Jodi
	Tuesday 11/24/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos and Jasmine
9:30AM-11:00AM	VIRTUAL GROUP(1.5Hours) TOPIC: Mindset /Relapse Prevention https://eptha.zoom.us/meeting/register/-1lIAIkNSAqjgkIw1xGBBw	Jodi
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Jodi
	Wednesday 11/25/26	
9:30AM-11:30AM	IN PERSON GROUP (2 Hours) The Good Medicine of Gratitude Holding Our Balance Through the Holidays	Carlos and Jasmine
	PTHA CLOSING AT NOON TODAY	
	Thursday 11/26/26	
CLOSED	closed for kʼʷədidəɬdat (Day of Thankfulness) Potlatch Days	CLOSED
	Friday 11/27/26	
CLOSED	closed for kʼʷədidəɬdat (Day of Thankfulness) Potlatch Days	CLOSED