KWAWACHEE BEHAVIORAL HEALTH & WELLNESS
GROUP SCHEDULE WEEK 11/02/26 – 11/06/26

We value everyone's time-please be on time for group sessions. Late arrivals require prior approval from a counselor.

Topic or Process	**VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS**.	Staff
	Monday 11/02/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) Women's Recovery Group	Tanya
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya/Jodi
	Tuesday 11/03/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya/Jodi
	Wednesday 11/04/26	
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP The Red Road Book Study	Jasmine
5:00PM-6:30PM	VIRTUAL GROUP(1.5Hours) TOPIC: Mindset /Relapse Prevention https://eptha.zoom.us/meeting/register/8RCgqdCxTFiJJ4iOc8GqQA	Jodi
	Thursday 11/05/26	
9:00AM- 11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Jasmine
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Jodi
	Friday 11/06/26	
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) TOPIC: Outpatient /Relapse Prevention	Carlos
2:00PM-3:30PM	In Person Group (1.5 hours) TOPIC: Native Crafting	Jasmine
3:30PM-5:00PM	VIRTUAL OUTPATIENT GROUP TOPIC: Outpatient/Recovery Planning https://eptha.zoom.us/meeting/register/L_3FV2DDQyG55ndxR2W-8A	Tanya