KWAWACHEE BEHAVIORAL HEALTH & WELLNESS
GROUP SCHEDULE WEEK 11/09/26 – 11/13/26

We value everyone's time-please be on time for group sessions. Late arrivals require prior approval from a counselor.

Topic or Process	**VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS**.	Staff
	Monday 11/09/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos and Jasmine
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) Women's Recovery Group	Tanya
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Jodi
	Tuesday 11/10/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos and Jasmine
9:30AM-11:00AM	VIRTUAL GROUP(1.5Hours) TOPIC: Mindset /Relapse Prevention https://eptha.zoom.us/meeting/register/-1lIAIkNSAqjgkIw1xGBBw	Jodi
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Jodi
	Wednesday 11/11/26	
CLOSED	**sləx̌il ʔə ti tubšədad (Warrior's Day) - PTHA Closed**	**CLOSED**
	Thursday 10/29/26	
9:00AM- 11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Carlos and Jasmine
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Jodi
	Friday 10/30/26	
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) TOPIC: Outpatient /Relapse Prevention	Carlos
2:00PM-3:30PM	In Person Group (1.5 hours) TOPIC: Native Crafting	Jasmine
3:30PM-5:00PM	VIRTUAL OUTPATIENT GROUP TOPIC: Outpatient/Recovery Planning https://eptha.zoom.us/meeting/register/L_3FV2DDQyG55ndxR2W-8A	Tanya