GROUP SCHEDULE

WEEK OF 11/17/25-11/21/25

	WEEK OF 11/1//25-11/21/25	
Topic or	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE.	Staff
Process	VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	
	Monday	
	11/17/25	
9:00am-	IN PERSON GROUP (2.5 HOURS)	Carlos
1:30am	TOPIC: IOP Living in Balance	
2:00pm-	IN PERSON GROUP (2.5 HOURS)	Jasmine
:30pm	TOPIC: IOP Living in Balance	Jasiiiiie
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	Tuesday	
	11/18/25	
9:00am-	IN PERSON GROUP (2.5 Hours)	Carlos
11:30am	Topic: IOP Living in Balance	
1.00	IN DEDCOM CDOUD (4.5. Hz. cr.)	NI - I
1:00pm-	IN PERSON GROUP (1.5 Hours)	Nevin
2:30pm	Topic: OP Men's Talking Circle	
2:00pm-	IN PERSON GROUP (2.5 Hours)	Jasmine
4:30pm	Topic: IOP Living in Balance	
	Wednesday	
	11/19/25	
3:00pm-	IN PERSON GROUP (1.5 Hours)	Jasmine
4:30pm	TOPIC: OP Living in balance	
5:00pm-	VIRTUAL GROUP (1HR)	Nevin
6:00pm	TOPIC: OP Sleep in Recovery	
	https://eptha.zoom.us/meeting/register/PYgXAevrQqqzo2HvmBa-sA	
	Thursday	
	11/20/25	
9:00am-	IN PERSON GROUP (2.5 Hours)	Carlos
11:30am	TOPIC: IOP Living in balance	
2.00	IN PERCON CROUP (2 F Hz)	1
2:00pm-	IN PERSON GROUP (2.5 Hours)	Jasmine
4:30pm	Topic: IOP Living in Balance	
5:00pm-	VIRTUAL GROUP (1HR)	Nevin
6:00pm	TOPIC: OP Communication skills	
	https://eptha.zoom.us/meeting/register/oh06vBomThiq46MjSgsopQ	
	Friday	
10.00===	11/21/25	Caulai
10:00am- 11:30am	In Person Group (1.5 Hours) TOPIC: OP Relapse Prevention	Carlos
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