

GROUP SCHEDULE

WEEK OF 11/10/25-11/14/25

Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 11/10/25	
9:00am-11:30am	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Carlos
2:00pm-4:30pm	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Jasmine
	Tuesday 11/11/25 **CLOSED WARRIORS DAY**	
	Wednesday 11/12/25	
3:00pm-4:30pm	IN PERSON GROUP (1.5 Hours) TOPIC: OP Living in balance	Jasmine
5:00pm-6:00pm	VIRTUAL GROUP (1Hour) TOPIC: OP Grief and Loss https://eptha.zoom.us/meeting/register/EXoNk_cYT3ySllcNDrClZQ	Nevin
	Thursday 11/13/25	
9:00am-11:30am	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Carlos
2:00pm-4:30pm	IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance	Jasmine
5:00pm-6:00pm	VIRTUAL GROUP (1Hour) Topic: OP Refusal Skills https://eptha.zoom.us/meeting/register/Rs-LTBnCS6umV32n-xsFQ	Nevin
	Friday 11/14/25	
10:00am-11:30am	In Person Group (1.5 Hours) TOPIC: OP Relapse Prevention	Carlos