

PTTC GROUP SCHEDULE

We value everyone's time—please be on time for group sessions. Late arrivals require prior approval from a counselor.

WEEK OF 3/16/26-3/20/26

| Topic or Process | VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS. | Staff |
|-----------------------|--|---------|
| Monday 03/16/26 | | |
| 9:00am-11:30am | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living In Balance | Carlos |
| 4:00pm-6:30pm | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance | Tonya |
| Tuesday 3/17/26 | | |
| 9:00am-11:30am | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance | Carlos |
| 3:00pm-4:30pm | IN PERSON GROUP (1.5 Hours) TOPIC: OP Women talking circle | Jasmine |
| 4:00pm-6:30pm | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance | Tonya |
| 5:00pm-6:30pm | VIRTUAL GROUP (1.5 Hours) TOPIC: Mindset/ Relapse Prevention https://eptha.zoom.us/meeting/register/ZrtcbQbbRLa4tPqEAX6P4Q | Jodi |
| Wednesday 03/18/26 | | |
| 3:00pm-4:30pm | IN PERSON GROUP (1.5 Hours) TOPIC: OP Living in balance | Jasmine |
| 5:00PM-6:30PM | VIRTUAL GROUP (1.5 Hours) TOPIC: Mindset Recovery Support https://eptha.zoom.us/meeting/register/ZrtcbQbbRLa4tPqEAX6P4Q | Jodi |
| Thursday 03/19/26 | | |
| 9:00am-11:30am | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance | Carlos |
| 3:30-5:00pm | IN PERSON YOUTH GROUP (AGES 14-17) TOPIC: OP Creating Balance utilizing the Medicine Wheel | Rodney |
| 4:00pm-6:30PM | IN PERSON Group (2.5 Hours) TOPIC: IOP Living in balance | Tanya |
| Friday 03/20/26 | | |
| 10:00AM-11:30PM | IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention | Carlos |
| 2:00pm-3:30pm | IN PERSON GROUP (1.5 Hours) TOPIC: OP Native Crafting | Jasmine |