

## PTTC GROUP SCHEDULE

**We value everyone's time-Please be on time for group sessions. Late arrivals require prior approval from a counselor.**

WEEK OF 03/02/26-03/06/26

Topic or Process	<b>VIRUTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE GROUP STARTS.</b>	Staff
	Monday 03/02/2026	
9:00AM-11:30AM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Tanya
	Tuesday 03/03/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Women Talking Circle	Jasmine
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP(1.5Hours) TOPIC: Mindset/Relapse Prevention <a href="https://eptha.zoom.us/meeting/register/ZrtcqbbRLa4tPqEAX6P4Q">https://eptha.zoom.us/meeting/register/ZrtcqbbRLa4tPqEAX6P4Q</a>	Jodi
	Wednesday 03/04/2026	
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention	Jasmine
5:00PM-6:30PM	VIRTUAL GROUP (1.5 Hours) TOPIC: Mindset Recovery Support <a href="https://eptha.zoom.us/meeting/register/ZrtcqbbRLa4tPqEAX6P4Q">https://eptha.zoom.us/meeting/register/ZrtcqbbRLa4tPqEAX6P4Q</a>	Jodi
	Thursday 03/05/2026	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
3:30-5:00pm	IN PERSON YOUTH GROUP (AGES 14-17) TOPIC: OP Creating Balance utilizing the Medicine Wheel	Rodney
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
	Friday 03/06/2026	
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) Topic: OP Hazelden Relapse Prevention	Carlos
2:00PM-3:30PM	IN PERSON GROUP (1.5 Hours) Topic: OP Native Crafting	Jasmine