

KWAWACHEE BEHAVIORAL HEALTH & WELLNESS

GROUP SCHEDULE

We value everyone's time-Please be on time for group sessions. Late arrivals require prior approval from a counselor.

WEEK OF 5/18/26-5/22/26

Topic or Process	VIRUTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE GROUP STARTS.	Staff
	Monday 05/18/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Tanya
	Tuesday 05/19/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
3:30PM-5:00PM	IN PERSON YOUTH GROUP (Ages 14-17) TOPIC: OP Creating balance utilizing the medicine wheel	Rodney
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP(1.5Hours) TOPIC: OP Mindset/Relapse Prevention https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ	Jodi
	Wednesday 05/20/26	
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention	Jasmine
5:00PM-6:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Mindset Recovery Support	Jodi
	Thursday 05/21/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP(1.5Hours) Thursday virtual group cancelled (Will resume 6/4/26)	Jodi
	Friday 05/22/26	
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) Topic: OP Hazelden Relapse Prevention	Carlos

HONORING OUR ANCESTOR'S DAY ** CLOSING AT NOON **