

**KWAWACHEE BEHAVIORAL HEALTH & WELLNESS
GROUP SCHEDULE**

**We value everyone's time-please be on time for group sessions. Late arrivals require prior approval from a counselor.
WEEK 6/8/26-6/12/26**

Topic or Process	VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
closed	Monday**CLOSED TO PATIENTS (Training) 06/08/2026	closed
	Tuesday 06/09/2026	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
3:30pm-5:00pm	IN PERSON YOUTH GROUP (Ages 14-17) TOPIC: OP Creating balance utilizing the medicine wheel	Rodney
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP(1.5Hours) TOPIC: Mindset /Relapse Prevention https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ	Jodi
	Wednesday 06/10/2026	
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention	Jasmine
5:00PM-6:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: Mindset /Relapse Prevention	Jodi
	Thursday 06/11/2026	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL ONLY GROUP (1.5 Hours) TOPIC: Mindset Recovery Support https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ	Jodi
	Friday 06/12/2026	
	Closed**Honoring Our Past Leaders	