

**KWAWACHEE BEHAVIORAL HEALTH & WELLNESS**

**GROUP SCHEDULE**

**We value everyone's time-Please be on time for group sessions. Late arrivals require prior approval from a counselor.**

**WEEK OF 6/15/26-6/19/26**

Topic or Process	<b>VIRUTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE GROUP STARTS.</b>	Staff
	Monday 06/15/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Tanya
	Tuesday 06/16/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
3:30PM-5:00PM	IN PERSON YOUTH GROUP (Ages 14-17) TOPIC: OP Creating balance utilizing the medicine wheel	Rodney
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP(1.5Hours) TOPIC: OP Mindset/Relapse Prevention <a href="https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ">https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ</a>	Jodi
	Wednesday 06/17/26	
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention	Jasmine
5:00PM-6:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Mindset Recovery Support	Jodi
	Thursday 06/18/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP(1.5Hours) TOPIC: OP Mindset/Relapse Prevention <a href="https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ">https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ</a>	Jodi
	Friday 06/19/26	
	CLOSED**JUNETEENTH National Independence Day	