

**KWAWACHEE BEHAVIORAL HEALTH & WELLNESS
GROUP SCHEDULE WEEK 10/05/26 – 10/09/26**

We value everyone's time-please be on time for group sessions. Late arrivals require prior approval from a counselor.

Topic or Process	VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 10/05/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos and Jasmine
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) Women's Recovery Group	Tanya
3:00PM-5:30PM	IN PERSON GROUP (2.5 Hours) YOUTH IOP (14-17 years)	Rodney
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Jodi
	Tuesday 10/06/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos and Jasmine
9:30AM-11:00AM	VIRTUAL GROUP(1.5Hours) TOPIC: Mindset /Relapse Prevention https://eptha.zoom.us/meeting/register/-1lIAIkNSAqjgklw1xGBBw	Jodi
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Jodi
	Wednesday 10/07/26	
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP The Red Road Book Study	Jasmine
3:00PM-5:30PM	IN PERSON GROUP (2.5 Hours) YOUTH IOP (14-17 years)	Rodney
5:00PM-6:30PM	VIRTUAL GROUP(1.5Hours) TOPIC: Mindset /Relapse Prevention https://eptha.zoom.us/meeting/register/8RCgqdCxTFiJJ4iOc8GqQA	Jodi
	Thursday 10/08/26	
9:00AM- 11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Carlos and Jasmine
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Jodi
	Friday 10/09/26	
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) TOPIC: Outpatient /Relapse Prevention	Carlos
2:00PM-3:30PM	In Person Group (1.5 hours) TOPIC: Native Crafting	Jasmine

3:30PM-5:00PM	VIRTUAL OUTPATIENT GROUP TOPIC: Outpatient/Recovery Planning https://eptha.zoom.us/meeting/register/L_3FV2DDQyG55ndxR2W-8A	Tanya
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