

GROUP SCHEDULE

WEEK OF 5/26/25 –5/30/25

Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 5/26/25	
	CLOSED Honoring our Ancestor's Day (no groups)	
	Tuesday 5/27/25	
1:00-2:30PM	IN PERSON GROUP (1.5 HOURS) TOPIC: Healing through Traditional Crafting	Mellisa & Jeanette
2:30-5:00pm	IN PERSON GROUP (2.5 HOURS) Topic: IOP Living in Balance	Heather
	Wednesday 5/28/25	
12:00-1:00pm	IN PERSON MEETING TOPIC: Wellbriety – Red Road Support (*Does not count toward group hours)	Jeannette
2:30-5:00pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Heather
5:00-6:00PM	VIRTUAL GROUP TOPIC: Medicine Wheel & You https://eptha.zoom.us/meeting/register/cZsQBRrIT1artEHRB-bB_g	Nevin
	Thursday 5/29/25	
2:30-5:00PM	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Mellisa
5:00-6:00PM	VIRTUAL GROUP TOPIC: Acceptance in recovery https://eptha.zoom.us/meeting/register/VbTYWODqRViHD6EuvZSI5w	Nevin
	Friday 5/30/25	
10:00-12:00pm	IN PERSON GROUP TOPIC: Core Values	Nevin