

GROUP SCHEDULE

WEEK OF 5/19/25 – 5/23/25

Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 5/19/25	
2:30-5:00PM	CANCELLED IN PERSON GROUP (2.5 HOURS) Topic: IOP Living in balance	Mellissa
	Tuesday 5/20/25	
1:00-2:30PM	IN PERSON GROUP (1.5 HOURS) TOPIC: Healing through Traditional Crafting	Mellisa & Jeanette
2:30-5:00pm	IN PERSON GROUP (2.5 HOURS) Topic: IOP Living in Balance	Heather
	Wednesday 5/21/25	
12:00-1:00pm	IN PERSON MEETING TOPIC: Wellbriety – Red Road Support (*Does not count toward group hours)	Jeannette
2:30-5:00pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Heather
5:00-6:00PM	VIRTUAL GROUP TOPIC: Balance in Recovery https://eptha.zoom.us/meeting/register/FSTRZey9RCWzO1bLPr3PDQ	Nevin
	Thursday 5/22/25	
2:30-5:00PM	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Mellisa
5:00-6:00PM	VIRTUAL GROUP TOPIC: Anger Management https://eptha.zoom.us/meeting/register/5kCQB0dJT96i9SkYVgcBjQ	Nevin
	Friday 5/23/25	
10:00-12:00	IN PERSON GROUP (2Hours) TOPIC: Time Management	Nevin
	CLINIC CLOSING AT NOON FOR HONORING OUR ANCESTORS HOLIDAY	