

GROUP SCHEDULE WEEK OF 6/30/25 –7/04/25		
Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 06/30/25	
2:30-5:00PM	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Mellisa
	Tuesday 07/01/25	
1:00-2:30PM	IN PERSON GROUP (1.5 HOURS) TOPIC: Healing through Traditional Crafting	Mellisa
2:30-5:00pm	IN PERSON GROUP (2.5 HOURS) Topic: IOP Living in Balance	Carlos
	Wednesday 07/02/25	
	IN PERSON MEETING TOPIC: Wellbriety – Red Road Support CANCELLED (TBD)	
2:30-5:00pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Carlos
5:00-6:00PM	VIRTUAL GROUP TOPIC: Grief and Loss https://eptha.zoom.us/meeting/register/A6PKoCT3TY-7xuxc5I7LvQ	Nevin
	Thursday 07/03/25	
	Honoring Puyallup Sovereignty Day (CLOSED)	
	Friday 07/04/2025	
	Honoring Puyallup Sovereignty Day (CLOSED)	