

GROUP SCHEDULE

WEEK OF 6/23/25 –6/27/25

Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 06/23/25	
2:30-5:00PM	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Mellisa
	Tuesday 6/24/25	
1:00-2:30PM	IN PERSON GROUP (1.5 HOURS) TOPIC: Healing through Traditional Crafting	Mellisa
2:30-5:00pm	IN PERSON GROUP (2.5 HOURS) Topic: IOP Living in Balance	Carlos
	Wednesday 6/25/25	
	IN PERSON MEETING TOPIC: Wellbriety – Red Road Support CANCELLED (TBD)	
2:30-5:00pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Carlos
5:00-6:00PM	VIRTUAL GROUP TOPIC: Social Media https://eptha.zoom.us/meeting/register/KDNEszEgRFGfUTqMJA8APg	Nevin
	Thursday 6/26/25	
2:30-5:00PM	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Mellisa
5:00-6:00PM	VIRTUAL GROUP TOPIC: Balance in life /recovery https://eptha.zoom.us/meeting/register/q-hXHKA0RMm9IICyQFXIBA	Nevin
	Friday 6/27/25	
4:00-5:00pm	IN PERSON GROUP (1 Hour) TOPIC:TBD	Carlos