

**GROUP SCHEDULE**

WEEK OF 6/16/25 –6/20/25

Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 06/16/25	
2:30-5:00PM	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Mellisa
	Tuesday 6/17/25	
1:00-2:30PM	IN PERSON GROUP (1.5 HOURS) TOPIC: Healing through Traditional Crafting	Mellisa
2:30-5:00pm	IN PERSON GROUP (2.5 HOURS) Topic: IOP Living in Balance	Heather Carlos
	Wednesday 6/18/25	
	IN PERSON MEETING TOPIC: Wellbriety – Red Road Support CANCELLED (TBD)	
2:30-5:00pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Heather Carlos
5:00-6:00PM	VIRTUAL GROUP TOPIC: The medicine wheel <a href="https://eptha.zoom.us/meeting/register/RdX-IHTFQqyZbOkopH4N9Q">https://eptha.zoom.us/meeting/register/RdX-IHTFQqyZbOkopH4N9Q</a>	Nevin
	Thursday 6/19/25	
	JUNETEENTH NATIONAL INDEPENDENCE DAY (CLOSED)	
	Friday 6/20/25	
4:00-5:00PM	IN PERSON GROUP TOPIC: Relapse Prevention	CARLOS