

GROUP SCHEDULE		
WEEK OF 09/22/25-09/26/25		
Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 09/22/2025	
9:00am-11:30am	IN PERSON GROUP(2.5 HRS) TOPIC: IOP Living in balance	CARLOS
2:00pm-4:30pm	IN PERSON GROUP (2.5 HRS) TOPIC:IOP Living in balance	JASMINE
	Tuesday 09/23/2025	
9:00am-11:30am	IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance	Carlos
1:00pm-2:30pm	IN PERSON GROUP (1.5 Hours) Topic: OP Men's Talking Circle	Nevin
2:00pm-4:30pm	IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance	Jasmine
	Wednesday 09/24/2025	
3:00pm-4:30pm	IN PERSON GROUP (1.5 Hours) TOPIC: OP Living in balance	Jasmine
5:00pm-6:00pm	VIRTUAL GROUP TOPIC: OP Step 4 personal inventory https://eptha.zoom.us/meeting/register/GqthL-caTrq0zkBr25x5aA	Nevin
	Thursday 09/25/2025	
9:00am-11:30am	IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance	Carlos
2:00pm-4:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Jasmine
5:00pm-6:00pm	VIRTUAL GROUP TOPIC: OP Steps to sober living https://eptha.zoom.us/meeting/register/VOTbju9zQQOq3o6KPuiAgQ	Nevin
	Friday 09/26/2025	
10:00am-11:30am	IN PERSON GROUP (1.5 Hours) Topic: OP Relapse Prevention	Carlos