

GROUP SCHEDULE

WEEK OF 08/25/2025–08/29/2025

Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 08/25/2025	
9:00am-11:30am	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Carlos
2:30pm-5:00pm	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Jasmine
	Tuesday 08/26/2025	
9:00am-11:30am	IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance	Carlos
1:00pm-2:30pm	IN PERSON GROUP (1.5 Hours) Topic: OP Men's Talking Circle	Nevin
2:30pm-5:00pm	IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance	Jasmine
	Wednesday 08/27/2025	
3:00pm-4:30pm	IN PERSON GROUP (1.5 Hours) TOPIC: OP Living in balance	Jasmine
5:00pm-6:00pm	VIRTUAL GROUP TOPIC: OP Recovery Support https://eptha.zoom.us/meeting/register/ORURcuUMRmq9Y0gEoaNNYw	Nevin
	Thursday 08/28/2025	
9:00am-11:30am	IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance	Carlos
2:30pm-5:00pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Jasmine
5:00pm-6:00pm	VIRTUAL GROUP TOPIC: OP Recovery Support https://eptha.zoom.us/meeting/register/bC6JRFQNQ1m6RfPyCxOsgw	Nevin
	Friday 08/29/2025	
10:00am-11:30am	IN PERSON GROUP (1.5 Hours) Topic: OP Relapse Prevention	Carlos