GROUP SCHEDULE

WEEK OF 08/25/2025-08/29/2025

Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday	
	08/25/2025	
9:00am-	IN PERSON GROUP (2.5 hours)	Carlos
11:30am	TOPIC: IOP Living in Balance	
2:30pm-	IN PERSON GROUP (2.5 hours)	Jasmine
5:00pm	TOPIC: IOP Living in Balance	
	Tuesday 08/26/2025	
9:00am-	IN PERSON GROUP (2.5 Hours)	Carlos
11:30am	Topic: IOP Living in Balance	Carlos
1:00pm-	IN PERSON GROUP (1.5 Hours)	Nevin
2:30pm	Topic: OP Men's Talking Circle	
2:30pm-	IN PERSON GROUP (2.5 Hours)	Jasmine
5:00pm	Topic: IOP Living in Balance	
	Wednesday	
2.00	08/27/2025	
3:00pm-	IN PERSON GROUP (1.5 Hours) TOPIC: OP Living in balance	Jasmine
4:30pm	TOPIC: OF LIVING IN Balance	
5:00pm-	VIRTUAL GROUP	Nevin
6:00pm	TOPIC: OP Recovery Support	
	https://eptha.zoom.us/meeting/register/0RURcuUMRmq9Y0gEoaNNYw	
	Thursday	
9:00am-	Thursday 08/28/2025	Carlos
	Thursday	Carlos
9:00am- 11:30am 2:30pm-	Thursday 08/28/2025 IN PERSON GROUP (2.5 Hours)	Carlos
11:30am	Thursday 08/28/2025 IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance	
11:30am 2:30pm- 5:00pm	Thursday 08/28/2025 IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Jasmine
2:30pm- 5:00pm	Thursday 08/28/2025 IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance VIRTUAL GROUP	
11:30am 2:30pm- 5:00pm	Thursday 08/28/2025 IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance VIRTUAL GROUP TOPIC: OP Recovery Support	Jasmine
11:30am 2:30pm- 5:00pm	Thursday 08/28/2025 IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance VIRTUAL GROUP	Jasmine
2:30pm- 5:00pm	Thursday 08/28/2025 IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance VIRTUAL GROUP TOPIC: OP Recovery Support https://eptha.zoom.us/meeting/register/bC6JRFQNQ1m6RfPyCxOsgw Friday	Jasmine
11:30am 2:30pm- 5:00pm 5:00pm- 6:00pm	Thursday 08/28/2025 IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance VIRTUAL GROUP TOPIC: OP Recovery Support https://eptha.zoom.us/meeting/register/bC6JRFQNQ1m6RfPyCxOsgw Friday 08/29/2025	Jasmine Nevin
11:30am 2:30pm- 5:00pm	Thursday 08/28/2025 IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance VIRTUAL GROUP TOPIC: OP Recovery Support https://eptha.zoom.us/meeting/register/bC6JRFQNQ1m6RfPyCxOsgw Friday	Jasmine