

KWAWACHEE BEHAVIORAL HEALTH & WELLNESS

GROUP SCHEDULE WEEK 8/17/26 – 8/21/26

We value everyone's time-please be on time for group sessions. Late arrivals require prior approval from a counselor.

Topic or Process	VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 8/3/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
3:00PM-5:30PM	IN PERSON GROUP (2.5 Hours) YOUTH IOP (14-17 years)	Rodney
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
	Tuesday 8/4/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP(1.5Hours) TOPIC: Mindset /Relapse Prevention https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ	Jodi
	Wednesday 8/5/26	
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP The Red Road Book Study	Jasmine
3:00PM-5:30PM	IN PERSON GROUP (2.5 Hours) YOUTH IOP (14-17 years)	Rodney
5:00PM-6:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: Mindset /Relapse Prevention	Jodi
	Thursday 8/6/26	
9:00AM- 11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Carlos
3:00PM-5:30PM	IN PERSON GROUP (2.5 Hours) YOUTH IOP (14-17 years)	Rodney
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL ONLY GROUP (1.5 Hours) TOPIC: Mindset Recovery Support https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ	Jodi
	Friday 8/7/26	
10:00am-11:30am	IN PERSON GROUP (1.5 Hours) TOPIC: Outpatient /Relapse Prevention	Carlos

2:00-3:30pm	In Person Group (1.5 hours) TOPIC: Native Crafting	Jasmine
-------------	---	---------