

PUYALLUP TRIBAL TREATMENT CENTER GROUP SCHEDULE

WEEK OF 1/19/26-1/23/26

| Topic or Process | ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS. | Staff |
|------------------|---|---------|
| | Monday 01/19/26 CLOSED WARRIORS DAY | |
| 9:00am-11:30am | IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance | Carlos |
| 4:00PM-6:30PM | IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance | Tanya |
| | Tuesday 01/20/26 | |
| 9:00am-11:30am | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance | Carlos |
| 1:00pm-2:30pm | IN PERSON GROUP (1.5 Hours) TOPIC: OP Men's Talking Circle | Rodney |
| 3:00PM-4:30PM | IN PERSON GROUP (1.5 HOURS) TOPIC: OP Women's Group | Jasmine |
| 4:00PM-6:30PM | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance | Tonya |
| | Wednesday 01/21/26 | |
| 3:00pm-4:30pm | IN PERSON GROUP (1.5 Hours) TOPIC: OP Living in balance | Jasmine |
| 5:00PM-6:30PM | VIRTUAL GROUP (1.5 Hours) TOPIC: Mindset Recovery Support https://eptha.zoom.us/meeting/register/ZrtcbQbbRLa4tPqEAX6P4Q | Jodi |
| | Thursday 01/22/26 | |
| 9:00am-11:30am | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance | Carlos |
| 4:00pm-6:30PM | IN PERSON Group (2.5 Hours) TOPIC: IOP Living in balance | Tanya |
| | Friday 01/23/26 | |
| 10:00AM-11:30PM | IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention | Carlos |
| 2:00pm-3:30pm | IN PERSON GROUP (1.5 Hours) TOPIC: OP Native Crafting | Jasmine |