

GROUP SCHEDULE

WEEK OF 01/12/26 -1/16/26

Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE. VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 01/12/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Tanya
	Tuesday 01/13/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
1:00PM-2:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Men's Talking Circle	Rodney
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Women Talking Circle	Jasmine
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
	Wednesday 01/14/26	
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention	Jasmine
5:00PM-6:30PM	VIRTUAL GROUP (1.5 Hours) TOPIC: Mindset Recovery Support https://eptha.zoom.us/meeting/register/ZrtcbQbbRLa4tPqEAX6P4Q	Jodi
	Thursday 01/15/26	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
	Friday 01/16/26	
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) Topic: OP Hazelden Relapse Prevention	Carlos
2:00PM-3:30PM	IN PERSON GROUP (1.5 Hours) Topic: OP Native Crafting	Jasmine