

**KWAWACHEE BEHAVIORAL HEALTH & WELLNESS
GROUP SCHEDULE**

**We value everyone's time-please be on time for group sessions.
Late arrivals require prior approval from a counselor**

WEEK OF 03/23/26-03/27/26

Topic or Process	VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 03/23/27	
9:00AM-11:30AM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Tanya
	Tuesday 03/24/27	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance	Tanya
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP (1.5 Hours) TOPIC: Mindset/Relapse Prevention https://eptha.zoom.us/meeting/register/ZrtcbQbbRLa4tPqEAX6P4Q	Jodi
	Wednesday 03/25/27	
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention	Tanya
5:00PM-6:30PM	VIRTUAL ONLY GROUP (1.5 Hours) TOPIC: OP Mindset Recovery support https://eptha.zoom.us/meeting/register/ZrtcbQbbRLa4tPqEAX6P4Q	Jodi
	Thursday 03/26/27	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living In Balance	Tanya
	Friday 03/27/26	
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention	Carlos
2:00PM-3:30PM	IN PERSON GROUP (1 Hour) TOPIC: OP Native Crafting	Tanya