

**KWAWACHEE BEHAVIORAL HEALTH & WELLNESS
GROUP SCHEDULE**

We value everyone's time-please be on time for group sessions. Late arrivals require prior approval from a counselor.

WEEK 4/27/26-05/01/26

| Topic or Process | VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS. | Staff |
|------------------|--|---------|
| | Monday 04/27/26 | |
| 9:00AM-11:30AM | IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance | Carlos |
| 4:00PM-6:30PM | IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance | Tanya |
| | Tuesday 04/28/27 | |
| 9:00AM-11:30AM | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance | Carlos |
| 3:30pm-5:00pm | IN PERSON YOUTH GROUP (Ages 14-17) TOPIC: OP Creating balance utilizing the medicine wheel | Rodney |
| 4:00PM-6:30PM | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance | Tanya |
| 5:00pm-6:30pm | VIRTUAL GROUP(1.5Hours) TOPIC: Mindset /Relapse Prevention https://eptha.zoom.us/meeting/register/ZrtcQbbRLa4tPqEAX6P4Q | Jodi |
| | Wednesday 04/29/26 | |
| 3:00PM-4:30PM | IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention | Jasmine |
| 5:00PM-6:30PM | VIRTUAL ONLY GROUP (1.5 Hours) TOPIC: Mindset Recovery Support https://eptha.zoom.us/meeting/register/ZrtcQbbRLa4tPqEAX6P4Q | Jodi |
| | Thursday 04/30/26 | |
| 9:00AM-11:30AM | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance | Carlos |
| 4:00PM-6:30PM | IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance | Tanya |
| | Friday 05/01/26 | |
| 10:00AM-11:30AM | In Person Group (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention | Carlos |
| 2:00PM-3:00PM | IN Person Group (1 Hour) TOPIC: Native Crafting | Jasmine |