

KWAWACHEE BEHAVIORAL HEALTH & WELLNESS

GROUP SCHEDULE

We value everyone's time-Please be on time for group sessions. Late arrivals require prior approval from a counselor.

WEEK OF 04/20/26-04/24/26

Topic or Process	VIRUTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE GROUP STARTS.	Staff
Monday 04/20/26		
9:00AM-11:30AM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Tanya
Tuesday 04/21/26		
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
3:30PM-5:00PM	IN PERSON YOUTH GROUP (Ages 14-17) TOPIC: OP Creating balance utilizing the medicine wheel	Rodney
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP(1.5Hours) TOPIC: Mindset/Relapse Prevention https://eptha.zoom.us/meeting/register/ZrtcBQbbRLa4tPqEAX6P4Q	Jodi
Wednesday 04/22/26		
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention	Jasmine
5:00PM-6:30PM	VIRTUAL GROUP (1.5 Hours) TOPIC: Mindset Recovery Support https://eptha.zoom.us/meeting/register/ZrtcBQbbRLa4tPqEAX6P4Q	Jodi
Thursday 04/23/26		
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
Friday 04/24/26		
10:00AM-11:30AM	IN PERSON GROUP (1.5 Hours) Topic: OP Hazelden Relapse Prevention	Carlos
2:00PM-3:30PM	IN PERSON GROUP (1.5 Hours) Topic: OP Native Crafting	Jasmine