

KWAUACHEE BEHAVIORIAL HEALTH &WELLNESS

GROUP SCHEDULE We value everyone's time-please be on time for group sessions. Late arrivals require prior approval from a Counselor. **WEEK 8/10-8/14**

Topic or Process	VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 08/10	
9:00AM-11:30AM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Carlos
3:30pm-5:30pm	IN PERSON YOUTH GROUP (Age 14-17) TOPIC: OP Creating balance utilizing the medicine wheel	Rodney
4:00PM-6:30PM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Tanya
	Tuesday 08/11	
9:00AM-11:30AM	IN PERSON GROUP (2.5 Hours) Topic: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL ONLY GROUP (1.5 Hours) TOPIC: Mindset/Relapse Prevention https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ	Jodi
	Wednesday 08/12	
3:00PM-4:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention	Jasmine
3:30pm-5:00pm	IN PERSON YOUTH GROUP (Ages 14-17) TOPIC: OP Creating balance utilizing the medicine wheel	Rodney
5:00PM-6:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Mindset Recovery support	Jodi
	Thursday 08/13	
9:00am-11:30am	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP Living in Balance	Carlos
4:00PM-6:30PM	IN PERSON GROUP (2.5 HOURS) TOPIC: IOP LIVING in Balance	Tanya
3:30pm-5:30pmpm	IN PERSON YOUTH GROUP (Ages 14-17) TOPIC: OP Creating balance utilizing the medicine wheel	Rodney
5:00pm-6:30pm	VIRTUAL GROUP (1.5 HOURS) TOPIC: OP Mindset/Relapse Prevention https://eptha.zoom.us/meeting/register/yJ51Jt1nRaK0sY22vP0seQ	Jodi
	Friday 08/14	
10:00AM-11:30AM	IN PERSON GROUP (1.5 HOURS) TOPIC: Mindset /Relapse Prevention	Carlos
2:00pm-3:30pm	IN PERSON GROUP (1.5 HOURS) TOPIC: Native Crafting	Jasmine