

KWAWACHEE BEHAVIORAL HEALTH & WELLNESS

GROUP SCHEDULE

We value everyone's time-please be on time for group sessions. Late arrivals require prior approval

WEEK OF 7/20-7/24

Topic or Process	VIRTUAL GROUP SIGN-UP MUST BE DONE 1 HOUR BEFORE THE GROUP STARTS.	Staff
	Monday 07/20/26	
9:00am-11:30am	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
	Tuesday 07/21/26	
9:00am-11:30am	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Carlos
3:30pm-5:00pm	IN PERSON YOUTH GROUP (Ages 14-17) TOPIC: OP Creating balance utilizing the medicine wheel	Rodney
4:00pm-6:30pm	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in Balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP (1.5 Hours) TOPIC: Mindset/ Relapse Prevention https://eptha.zoom.us/j/82060668731?pwd=Qw33oTUmYEVywMeWJKmzaBYss966qX.1	Heather
	Wednesday 07/22/26	
3:00pm-4:30pm	IN PERSON GROUP (1.5 Hours) TOPIC: OP Living in balance	Jasmine
5:00PM-6:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: Mindset Recovery Support	Heather
	Thursday 07/23/26	
9:00am-11:30am	IN PERSON GROUP (2.5 Hours) TOPIC: IOP Living in balance	Carlos
4:00pm-6:30PM	IN PERSON Group (2.5 Hours) TOPIC: IOP Living in balance	Tanya
5:00pm-6:30pm	VIRTUAL GROUP (1.5 Hours) TOPIC: Mindset Recovery Support https://eptha.zoom.us/j/82060668731?pwd=Qw33oTUmYEVywMeWJKmzaBYss966qX.1	Heather
	Friday 07/24/26	
10:00AM-11:30PM	IN PERSON GROUP (1.5 Hours) TOPIC: OP Hazelden Relapse Prevention	Carlos
2:00pm-3:30pm	IN PERSON GROUP (1.5 Hours) TOPIC: OP Native Crafting	Jasmine